

March 2026

KECLC & HEAD START

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Bites Mashed Potato Chilled Pineapple WG Roll	BC Pizza Garden Salad Fresh Melon	Lasagna w/ Meat Sauce Steamed Carrots Chilled Pears Cinn. Goldfish cracker	Chicken Tenders Butter Noodles Diced Strawberry Baked Beans	Cheese Bosco Marinara Sauce/Green Beans Chilled Peaches
French Toast Cheese Omelet Applesauce Sliced Tomatoes	Gr. Cheese Sandwich Tomato Soup Fresh Broccoli Fresh apple	Meatballs w/ Brown Gravy Butter Noodles Orange Wedges Broccoli	H/M Mac & Cheese Cinn. Gold Fish Orange Wedges Baked Beans	French Bread Pizza Prince Charles Veggies Mangos
Chicken Patty w/WG Bun Fresh Broccoli/Cauliflower Fresh Pears Cinn. Goldfish	BC Pizza Garden Salad Pineapple Wedge Cinn. Goldfish	Nachos w/ Meat Sauce Romaine Lettuce/Salsa Tomatoes Fresh Pineapple Cheese / Refried Beans	Cheese Ravioli w/ Meat Sauce Roasted Broccoli WG Breadstick Fresh Banana	Cheese Crunchers Baked French Fries Fresh Pineapple
Salisbury Steak Mashed Potato Fresh Kiwi Cheddar Goldfish Cracker	Hamburger w/WG Bun Sweet Potato Fries Apple Wedges	Pizza Cruncher Glazed Carrots Orange wedges	Cheeseburger w/ WG Bun Baked Beans Fresh Fruit	NO SCHOOL HAVE A WONDERFUL SPRING BREAK!

USDA is an equal opportunity provider and employer

Menu subject to change without notice.

We proudly serve
PRAIRIE FARMS
 No fat chocolate or
 1% White Milk at
 every meal

Kalkaska Public Schools
 serves free breakfast and lunch
 at all of our Schools.

What makes a Lunch?
 5 Components
Fruits, Vegetables, Protein
Grains, Milk

Must include a fruit or vegetable

What makes a fruit a fruit?
 Fruits are generally sweet
 and have seeds on the inside.

Where do they grow?

Trees



Trees

Apples
Oranges
Cherries
Bananas
Pears
Plums

VINES

Watermelon
Kiwis 
Grapes
Cantaloupe

PLANTS



Blueberry
Pineapple
Strawberry
Tomato

