



DECEMBER 2025

KECLC & HEAD START MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1-Dec Beef Bites Mashed Potato Chilled Pineapple WG Roll	2-Dec Chicken Patty w/ Bun Baked Beans Fresh Apple	3-Dec Breaded Chicken Leg Celery Sticks Corn Bread Orange Wedges	4-Dec Hamburger w/WG Bun Lettuce / Tomato Baked Beans Banana	5-Dec Cheese Bosco Marinara Sauce California Blend Veggie Fresh Banana
8-Dec Sloppy Joe w/ WG Bun Cal. Blend Veggie Fresh Blueberries	9-Dec BC Pizza Garden Salad Fresh Melon	10-Dec Meatballs w/ Brown Gravy Butter Noodles Orange Wedges Green Beans	11-Nov Taco w/ Meat Sauce Romaine Lettuce / Tomato Salsa /Refried Beans Mandarin Oranges	12-Dec Chicken Nuggets Corn Bread Baked Beans Apple Slices
15-Dec French Toast Sausage Patty Sliced Tomato Applesauce	16-Dec Spaghetti w/ Meat Sauce Roasted Broccoli WG Breadstick Fresh Banana	17-Dec Chicken Gravy Mashed Potato Tropical Fruit Cinn Goldfish Crackers	18-Dec Gr. Cheese Sandwich Tomato Soup Cucumbers/Celery Applesauce	19-Dec French Bread Pizza Baked Beans Assorted Fresh Fruits
20 WINTER BREAK	21 WINTER BREAK	22 WINTER BREAK	23 WINTER BREAK	24 WINTER BREAK

See Everyone Next Year

USDA is an equal
opportunity provider and employer

Menu subject to change
without notice.

We proudly serve
PRAIRIE FARMS
No fat chocolate or
1% White Milk at
every meal

Kalkaska Public Schools
serves free breakfast and lunch
at all of our Schools.

What makes a Lunch?
5 Components
Fruits, Vegetables, Protein
Grains, Milk

Select 3 - 5 different components
Must include a fruit or vegetable

What makes a fruit a fruit?
Fruits are generally sweet
and have seeds on the inside.

Where do they grow?

Trees



Trees

Apples
Oranges
Cherries
Bananas
Pears
Plums

VINES

Watermelon
Kiwis **Grapes**
Cantaloupe



PLANTS



Blueberry
Pineapple
Strawberry
Tomato

