




# March 2023

## KALKASKA HIGH SCHOOL MENU



| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|
| 2/27/2023<br>1. Pepperoni Calzone<br>2. Fr. Tst w/ Sausage or Omelet<br>3. Turkey & Cheese Wrap<br>4. Gr. Chicken Salad<br><br>Carrots & Peas<br>Assorted Fruits | 2/28/2023<br>1. Spicy or Reg. Chicken Patty w/ bun<br>2. Mini Corn Dog Nuggets<br>3. Cold Cut Sub<br>4. Chicken Caesar Salad<br><br>Sweet Potato Fries<br>Assorted Fruits   | 1-Mar<br>1. BC Pizza<br>2. Rotini w/ Meat Sauce<br>3. Chicken Caesar Wrap<br>4. Chef Salad<br><br>Broccoli<br>Assorted Fruits   | 2-Mar<br>1. Chicken Sticks w/ Roll<br>2. Flame Broiled Rib patty w/ Bu<br>3. Turkey Bento Box<br>4. Taco Salad<br>California blend Veggies<br>Butter noodles<br>Assorted Fruits   | 3-Mar<br>1. Max Sticks<br>2. Mashed Potato Bowl<br>3. Turkey Reuben Sub<br>4. Gr. Chix Salad<br><br>Baked Beans<br>Assorted Fruits              |
| 6-Mar<br>1. Cheese Pizza<br>2. Slim Jim Sandwich<br>3. Ham & Cheese Wrap<br>4. Gr. Chicken Salad<br><br>Glazed Carrots<br>Assorted Fruits                        | 7-Mar<br>1. Spicy or Reg. Chicken Patty w/ bun<br>2. Chicken Pot Pie<br>3. Turkey & Swiss Wrap<br>4. Chicken Caesar Salad<br><br>Oven Baked Fries<br>Assorted Fruits        | 8-Mar<br>1. BC Pizza<br>2. Mac & Cheese<br>3. Chicken Veggie Wrap<br>4. Chef Salad<br><br>Broccoli<br>Assorted Fruits           | 9-Mar<br>BREAKFAST ONLY<br>and<br>Sack Lunch  | 10-Mar<br>BREAKFAST ONLY<br>and<br>Sack Lunch   |
| 13-Mar<br>1. Chicken Quesadilla<br>2. Meatball Sub<br>3. Turkey & Cheese Wrap<br>4. Gr. Chix Salad<br><br>California Blend Vegetable<br>Assorted Fruits          | 14-Mar<br>1. Spicy or Reg. Chicken Patty w/ bun<br>2. Hot Dog w/Bun (2)<br>3. Turkey Bento Box<br>4. Chicken Caesar Salad<br><br>Sweet Potato Fries<br>Assorted Fruits      | 15-Mar<br>1. BC Pizza<br>2. Beef Patty Melt Sandwich<br>3. Ham & Cheese Sub<br>4. Chef Salad<br><br>Broccoli<br>Assorted Fruits | 16-Mar<br>1. Walking Taco w/ Meat Sauce<br>2. Corn Dog Nuggets<br>3. Chix Veggie Wrap<br>4. Asian chicken Salad<br>Seasoned Rice<br>Cowboy Salsa<br>Assorted Fruits  | 17-Mar<br>1. Bosco Sticks<br>2. Cheese Ravioli w/ Meat Sauce<br>3. Turkey Reuben Sub<br>4. Gr. Chix Salad<br><br>Baked Beans<br>Assorted Fruits |
| 20-Mar<br>1. Meatloaf Sliders<br>2. Chicken Philly Sub<br>3. Chix Asian Crunch Wrap<br>4. Gr. Chicken Salad<br><br>Prince Charles Vegetable<br>Assorted Fruits   | 21-Mar<br>1. Spicy or Reg. Chicken Patty w/ bun<br>2. Beef Bites w/ WG Roll<br>3. Roast Beef & Cheddar Wrap<br>4. Chicken Caesar Salad<br><br>Oven Fries<br>Assorted Fruits | 22-Mar<br>1. BC Pizza<br>2. Slim Jim Sandwich<br>3. Ham & Cheese Wrap<br>4. Chef Salad<br><br>Broccoli<br>Assorted Fruits       | 23-Mar<br>1. Sweet & Sour Chicken<br>2. Chicken Dumplings<br>3. Ham & Cheese Wrap<br>4. Taco Salad<br>Seasoned Rice<br>Mixed Veggies<br>Assorted Fruits   | 24-Mar<br><b>SPRING<br/>BREAK</b>   |
| 27-Mar<br>USDA is an<br>equal opportunity<br>provider and employer.  | 28-Mar<br><b>SPRING<br/>BREAK</b>   | 29-Mar<br><b>SPRING<br/>BREAK</b>   | 30-Mar<br><b>SPRING<br/>BREAK</b>   | 31-Mar<br>Menu Subject to<br>change without<br>notice   |

All meals come with fruit & veggie, 1% white or fat free chocolate milk

Breakfast offered daily in the cafeteria from 7:30 am - 7:55 am.

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|--|--|--|---|
| Breakfast Pizza<br>or<br>English Muffin/Bagel<br>Breakfast Sandwich | Pancake Wrap<br>or<br>English Muffin/Bagel<br>Breakfast Sandwich | Egg, Bacon & Cheese<br>Breakfast Casserole<br>or<br>English Muffin/Bagel<br>Breakfast Sandwich | Pancake or Waffles<br><br>or<br>English Muffin/Bagel<br>Breakfast Sandwich | Donut or Cinn. Roll<br>or<br>English Muffin/Bagel<br>Breakfast Sandwich |

| NATIONAL  | SCHOOL  | BREAKFAST                              | WEEK   | COME JOIN THE FUN!                                     |
|---|---|--|--|--|
| March 6th<br><i>Home made<br/>Breakfast Burrito</i> | March 7th<br><i>Hash brown Bowl<br/>Scr. Eggs/Sausage, Cheese</i> | March 8th<br><i>Yoourt Parfait Dav</i> | March 9th<br><i>Apple-Cinnamon<br/>Roll Bake</i> | March 10th<br><i>Chicken &amp; Waffles<br/>Sliders</i> |